

PK KB WVL 26: Session: 3: COACH evaluation sheet for TEAM: IKZ

Coachinfo: Warming up from: 08:00 untill 08:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Pickavet Elien

Coaches: Demeyere Linda HEADCOACH

Coaches: Desplenter Sharon

Coaches: Vandeputte Debby

Coaches: Desmet Lindsay

Coaches: Vandeputte Pedro

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:07
Heat: 4/8 Lane : 1 Athlete: STEEN REMI					Q-time: 01:22:88
PB (25m pool): 01:22.88 Menen 07/06/2026			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.88	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:5, starttime: 09:08
Heat: 5/8 Lane : 0 Athlete: HAJDARPASIC OMER					Q-time: 01:18:89
PB (25m pool): 01:18.89 Menen 07/06/2026			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:18.89	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:5, starttime: 09:08
Heat: 5/8 Lane : 7 Athlete: VANDEPUTTE JORBE					Q-time: 01:17:82
PB (25m pool): 01:17.82 Zwevegem 31/05/2026			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.43		01:17.82	
	00:36.43		00:41.39		
					

Coach feedback:

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Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:1, starttime: 09:16	
Heat: 1/5 Lane : 6 Athlete: DECOUTTERE EMMA							Q-time: 02:46:90	
PB (25m pool): 02:57.56 DIKSMUIDE 30/11/2025				PB (50m pool): 02:46.90SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.63		01:24.33		02:11.48		02:57.56
	00:39.63		00:44.70		00:47.15		00:46.08	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:3, starttime: 09:22	
Heat: 3/5 Lane : 1 Athlete: NOPPE PAULINE							Q-time: 02:23:04	
PB (25m pool): 02:23.04 DIKSMUIDE 30/11/2025				PB (50m pool): 02:26.09 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.19		01:11.58		01:48.91		02:23.04
	00:34.19		00:37.39		00:37.33		00:34.13	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:3, starttime: 09:22	
Heat: 3/5 Lane : 2 Athlete: DEPUYDT HASSE							Q-time: 02:22:05	
PB (25m pool): 02:22.05 Diksmuide 12/10/2025				PB (50m pool): 02:22.16 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.81		01:09.35		01:46.39		02:22.05
	00:32.81		00:36.54		00:37.04		00:35.66	
								

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:4, starttime: 09:25	
Heat: 4/5 Lane : 0 Athlete: VERSTRAETE LINDE							Q-time: 02:18:78	
PB (25m pool): 02:19.85 DIKSMUIDE 30/11/2025				PB (50m pool): 02:18.78 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.79		01:08.67		01:45.01		02:19.85
	00:32.79		00:35.88		00:36.34		00:34.84	
								

Coach feedback:

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Event number: 21: 100M BUTTERFLY MEN 13+					Heat:1, starttime: 09:31
Heat: 1/7 Lane : 3 Athlete: HAJDARPASIC OMER					Q-time: 01:43:63
PB (25m pool): 01:43.63 WAREGEM 21/04/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.10		01:43.63	
	00:45.10		00:58.53		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+					Heat:1, starttime: 09:31
Heat: 1/7 Lane : 4 Athlete: VANBRABANT ESBEN					Q-time: 01:34:05
PB (25m pool): 01:38.95 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:41.90 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.45		01:38.95	
	00:45.45		00:53.50		
					

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 13+					Heat:2, starttime: 09:33
Heat: 2/7 Lane : 0 Athlete: SINNESAEEL CASPER					Q-time: 01:33:26
PB (25m pool): 01:37.73 Diksmuide 12/10/2025 PB (50m pool): 01:33.26 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.20		01:37.73	
	00:44.20		00:53.53		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 10:19
Heat: 1/11 Lane : 2 Athlete: CARDINAEL MILAN					Q-time: 01:46:34
PB (25m pool): 01:46.34 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:52.37 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.62		01:46.34	
	00:52.62		00:53.72		
					

Coach feedback:

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Event number: 23: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 10:22
Heat: 2/11 Lane : 5 Athlete: VANHEE NIEL					Q-time: 01:34:52
PB (25m pool): 01:34.52 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:38.52 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.18		01:34.52	
	00:46.18		00:48.34		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 10:29
Heat: 5/11 Lane : 2 Athlete: STEEN REMI					Q-time: 01:20:71
PB (25m pool): 01:20.71 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:24.44 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.91		01:20.71	
	00:40.91		00:39.80		
					

Coach feedback:

Event number: 23: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 10:29
Heat: 5/11 Lane : 4 Athlete: VANDEPUTTE JORBE					Q-time: 01:20:19
PB (25m pool): 01:22.87 Temse 17/11/2025 PB (50m pool): 01:20.19 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.12		01:22.87	
	00:41.12		00:41.75		
					

Coach feedback:

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:2, starttime: 10:49	
Heat: 2/3 Lane : 3 Athlete: DE WEVER MAUD							Q-time: 03:07:99	
PB (25m pool): 03:07.99 Ieper 04/01/2026							PB (50m pool): 03:11.24 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.97		01:31.78		no time		03:07.99
	00:42.97		00:48.81					
								

Coach feedback:

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Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:2, starttime: 10:49	
Heat: 2/3 Lane : 9 Athlete: DECOUTTERE EMMA							Q-time: 03:37:49	
PB (25m pool): no time			PB (50m pool): 03:37.49SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 10:53	
Heat: 3/3 Lane : 2 Athlete: SCHACHT HANNE							Q-time: 02:50:19	
PB (25m pool): 02:50.19 LAGO Zwevegem 09/06/2025				PB (50m pool): 02:58.11 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.25		01:21.09		02:05.53		02:50.19
	00:38.25		00:42.84		00:44.44		00:44.66	
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+							Heat:2, starttime: 11:12	
Heat: 2/6 Lane : 3 Athlete: DE WEVER MAUD							Q-time: 00:32:16	
PB (25m pool): 00:32.16 Meulebeke 19/04/2026							PB (50m pool): 00:32.80 SB: no time	
	2 5 M		5 0 M					
PB			00:32.16					
	00:32.16							
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+							Heat:2, starttime: 11:12	
Heat: 2/6 Lane : 9 Athlete: DECOUTTERE EMMA							Q-time: 00:33:85	
PB (25m pool): 00:33.85 Menen 07/06/2026				PB (50m pool): 00:35.26 SB: no time				
	2 5 M		5 0 M					
PB			00:33.85					
	00:33.85							
								

Coach feedback:

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Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:3, starttime: 11:13
Heat: 3/6 Lane : 3 Athlete: DEPUYDT HASSE			Q-time: 00:30:43
PB (25m pool): 00:30.58 Brugge 20/10/2024			PB (50m pool): 00:30.43 SB: no time
	2 5 M	5 0 M	
PB		00:30.58	
		00:30.58	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:3, starttime: 11:13
Heat: 3/6 Lane : 4 Athlete: NOPPE PAULINE			Q-time: 00:30:17
PB (25m pool): 00:29.95 DIKSMUIDE 30/11/2025			PB (50m pool): 00:30.69 SB: no time
	2 5 M	5 0 M	
PB		00:29.95	
		00:29.95	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:5, starttime: 11:15
Heat: 5/6 Lane : 6 Athlete: SCHACHT HANNE			Q-time: 00:28:81
PB (25m pool): 00:28.81 Menen 01/06/2025			PB (50m pool): 00:30.24 SB: no time
	2 5 M	5 0 M	
PB		00:28.81	
		00:28.81	
			

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:5, starttime: 11:15
Heat: 5/6 Lane : 9 Athlete: VERSTRAETE LINDE			Q-time: 00:29:34
PB (25m pool): 00:29.34 Meulebeke 19/04/2026			PB (50m pool): 00:29.91 SB: no time
	2 5 M	5 0 M	
PB		00:29.34	
		00:29.34	
			

Coach feedback:

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Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:1, starttime: 11:17
Heat: 1/3 Lane : 0 Athlete: SINNESAEEL CASPER			Q-time: 00:45:51
PB (25m pool): 00:51.19 Meulebeke 06/04/2025			PB (50m pool): 00:45.51 SB: no time
	2 5 M	5 0 M	
PB		00:51.19	
		00:51.19	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:1, starttime: 11:17
Heat: 1/3 Lane : 1 Athlete: HAJDARPASIC OMER			Q-time: 00:45:04
PB (25m pool): 00:51.30 Meulebeke 06/04/2025			PB (50m pool): 00:47.48 SB: no time
	2 5 M	5 0 M	
PB		00:51.30	
		00:51.30	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:1, starttime: 11:17
Heat: 1/3 Lane : 8 Athlete: VANBRABANT ESBEN			Q-time: 00:45:41
PB (25m pool): 01:00.54 Menen 04/06/2023			PB (50m pool): 00:45.41 SB: no time
	2 5 M	5 0 M	
PB		01:00.54	
		01:00.54	
			

Coach feedback: